



H1N1 Mass Immunization Clinic Information

Beginning November 2, 2009, Eastern Health will begin rolling out its mass immunization program.

Canada is self-sufficient and will have enough vaccine so that all residents who wish to avail of the vaccine will receive it free of charge. Consistent with all other provinces, Newfoundland and Labrador will be receiving the vaccine supply in stages over a period of several weeks, as the vaccine is produced.

During the first few weeks of the mass immunization program, the first groups to be targeted are those people who are the highest risk of experiencing complications if they contract H1N1 influenza. These groups, which have been determined by national experts, include:

- Individuals under 65 with chronic health conditions;
- Individuals living in remote and isolated settings or communities;
- Children six months up to five years of age;
- Health care workers involved in pandemic response or the delivery of essential care services;
- Pregnant women; and
- Household contacts and caregivers of persons at high risk who cannot be immunized or may not respond to vaccines and populations otherwise identified as high risk.

Individuals who fall into one of the above categories are encouraged to get their vaccine early at a clinic scheduled in their area. Children who fit in one of the high risk categories should attend immunization with their parents or guardian.

Those who do not fall under one of the high risk categories listed above are requested to wait until later in the vaccination schedule to receive their vaccine.

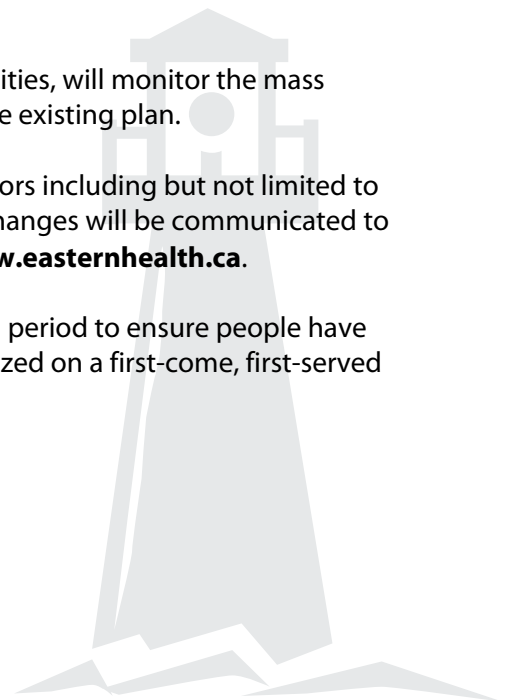
The Provincial Government, working with the Regional Health Authorities, will monitor the mass immunization program as it rolls out and changes may be made to the existing plan.

The following schedule is subject to change based on a variety of factors including but not limited to weather conditions, availability of vaccine, vaccine uptake, etc. Any changes will be communicated to the public via radio announcements and postings to our website www.easternhealth.ca.

H1N1 influenza immunization clinics will be offered over an extended period to ensure people have many opportunities to get their immunization. People will be immunized on a first-come, first-served basis, and no appointment is necessary.

When coming to clinics remember to:

- Bring your MCP card if you have one
- Wear clothing that allows easy access to the upper arm



Be prepared:

- For some traffic congestion at larger sites – consider carpooling where possible or arrange to be dropped off.
- For a possible wait before getting your immunization, wait times are expected to be longer during the first few days clinics are offered.
- To wait the standard 15 minutes after you receive the vaccine.

School parking lots will not be accessible at the end of each school day in order for children to exit the school safely.

Children under 10 years of age will require a second dose of H1N1 Vaccine. Information regarding follow-up dose will be made available at the time of immunization.

Eastern Health will keep you informed through Public Announcements regarding any changes and updates to clinic times or locations. Please check your local paper, Eastern Health's website www.easternhealth.ca, call the Healthline at **1-888-709-2929** for updates. If you have any questions and/or concerns, please call **1-877-752-4358**, which will be operational as of 9:00 am, October 29, 2009.

Clinic Sites:

	COMMUNITY	LOCATION	APPROXIMATE DATES
St. John's Area			
Monday – Thursday 10:00 am to 8:00 pm	Portugal Cove-St. Philips	Portugal Cove St. Philips Community Centre	Nov 2 - Nov 10
	Bell Island	St. Augustine's School	Nov 11 - Nov 14
	Torbay	Holy Trinity High	Nov 16 - Nov 28
Friday & Saturday 10:00 am to 6:00 pm	St. John's (East)	MacDonald Drive Junior High School	Nov 2 - Nov 28
	St. John's (West)	Hazelwood Academy	Nov 2 - Nov 28
	Mount Pearl	Reid Community Centre	Nov 2 - Nov 28
	Paradise	Rotary Youth and Community Centre	Nov 2 - Nov 28
	Conception Bay South	All Saints Parish Hall, Foxtrap	Nov 2 - Nov 28
	Trepassey	Stella Maris Academy	Nov 2 - 4
	Ferryland	Baltimore School Complex	Nov 5 - Nov 10
	Bay Bulls/Witless Bay	Mobile Central High, Mobile	Nov 11 - Nov 19

Rural Avalon			
Monday – Thursday 10:00 am to 8:00 pm	Bay Roberts	Bay Roberts Amalgamated Academy	Nov 2 - Nov 20
	Placentia	St. Anne’s Academy, Dunnville	Nov 6 - Nov 19
	St. Bride’s	Fatima Academy	Nov 2 - Nov 4
Friday 10:00 am to 6:00 pm	Whitbourne/Norman’s Cove	Crescent Collegiate, South Dildo	Nov 9 – Nov 27
	Heart’s Delight/Old Perlican	Baccalieu Collegiate, Old Perlican	Nov 2 - Nov 7
Saturday 10:00 am to 4:00 pm	Harbour Grace/Carbonear	Carbonear Collegiate	Nov 2 - Nov 25
	Holyrood	Roncalli Central High, Avondale	Nov 9 - Nov 20
	St. Mary’s/St. Joseph’s	Dunne Memorial Academy, St. Mary’s	Nov - 2 - Nov 6

Peninsulas			
Monday – Friday 10:00 am to 8:00 pm	Burin	Marystown Central High, Marystown	Nov 2 - Nov 13*
	North of Marystown	Christ the King School, Rushoon	Nov 14 - Nov 18
Saturday 10:00 am to 4:00 pm	Grand Bank	John Burke High	Nov 2 - Nov 7
	St. Lawrence	St. Lawrence Academy	Nov 9 - Nov 12
	Clarenville	Clarenville High School	Nov 2 - Nov 14
* Marystown Central High Friday November 13 10:00am to 12:00 noon	Come-by-Chance	Tricentia Academy, Arnold’s Cove	Nov 16 - Nov 21
	Lethbridge	Heritage Collegiate	Nov 16 - Nov 21
	Bonavista	Discovery Collegiate	Nov 2 - Nov 14